

Coaching Positions:

April 2017- Present	West Orange High School, West Orange, NJ Head Boys & Girls XC, Indoor T&F Coach Head Boys Outdoor Track & Field Coach
August 2010 – November 2016	Virginia State University, Petersburg, VA Head Men's & Women's XC / Track & Field Coach
May 2006 – May 2010	Seton Hall University, South Orange, NJ Assistant Men's & Women's Track & Field Coach
August 1998 – May 2006	Columbia High School, Maplewood, NJ Head Boys & Girls XC / Track & Field Coach

Coaching Accomplishments:

Virginia State University (Petersburg, VA – CIAA Conference – NCAA Div. II)

- 1 NCAA Champion (Indoor 2013 – Samantha Edwards 400m)
- 47 NCAA All-American Honors (Top 8 at Indoor / Outdoor NCAA Championships)
- 2 CIAA Conference **Team** Championship Titles
- 10 CIAA **Team** Championship Runner-Up finishes
- 18 All-CIAA XC Conference Performers (Top 10 at Championships)
- 3 CIAA Cross Country Conference **Individual** Championship Title
- 26 CIAA Indoor T&F Conference **Individual** Championship Titles
- 21 CIAA Outdoor T&F Conference **Individual** Championship Titles
- 142 All-CIAA Conference Performers (Top 3 at Championships / XC, Indoor, Outdoor)
- 56 USTFCCCA All-Atlantic Region Honorees (Top 5 in the Atlantic Region)
- 2 USTFCCCA Atlantic Region Indoor & Outdoor AOY (Samantha Edwards)
- USTFCCCA Atlantic Region Outdoor Women's Track & Field Coach of the Year

Seton Hall University (South Orange, NJ - Big East Conference - NCAA Div. I)

- 3 NCAA All-American Honors
- 15 Big East Individual Championship Titles
- 6 Penn Relay Championship Watches

Columbia High School (Maplewood, NJ – NJSIAA Group IV)

- 4 All Americans
- 5 State Champions
- 26 County Championship Titles
- 4 Sectional and State Titles

Professional

Olympic Trials Qualifiers Jernail Hayes - 400m Hurdles & Samantha Edwards - 400m Dash

World Championship Medalist - Jernail Hayes (Silver - Istanbul, Turkey / 2012 Gold - Sopot, Poland 2014)

USATF Jr. National Champion - Shakia Forbes (Long Jump)

World Jr. Qualifiers - Shakia Forbes (Long Jump)

